

Pune District Education Association's
College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com

Annual Report – 2026
Paper & Poster Presentation by Teachers

Sr. No.	Date	Name Of the Teacher / Students	Paper/Poster	Topic	Place & Organized By
1.	31/01/2026	Dr.Priya Bangar	Paper	Role of Basti karma in Kampavata with respect to gut microbiota	National Seminar,Tilak Ayurvedic Mahavidyalaya
2.	31/01/2026	Dr.Mayura Jadhav	Poster	Role of Goghрут in prevenrion of neurological disorders.	National Seminar,Tilak Ayurvedic Mahavidyalaya
3.	21/02/2026	Dr.Kiran Mendhekar	Paper	A comprehensive Ayurvedic approach to acute pain,shock,and trauma in shalyatantra :a critical textual analysis of Sushrut Samhita	Organised by Jupiter Ayurvedic Medical College and Tarini Ayurved Hospital with National Webinar on Ayurveda and Atyayik Chikista
4.	21/02/2026	Dr.Japa Phadke	Paper	Effective Ayurvedic treatment for the revival of semi-conscious patient a case study	Organised by Jupiter Ayurvedic Medical College and Tarini Ayurved Hospital with National Webinar on Ayurveda and Atyayik Chikista

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5.	21/02/2026	Dr.Abhishekh Taksale	Paper	Role of Pottali Kalpna in Emergency and critical care	Organised by Jupiter Ayurvedic Medical College and Tarini Ayurved Hospital with National Webinar on Ayurveda and Atayayik Chikista
6.	21/02/2026	Dr. Snehal Ranzunjare	Paper	Emergency management of acute traumatic knee pain an atyayik approach using agnikarma and vidhakarma –a case study.	Organised by Jupiter Ayurvedic Medical College and Tarini Ayurved Hospital with National Webinar on Ayurveda and Atayayik Chikista
7.	23/05/2026	Dr.Suresh Shinde	Paper	A students guide to heart blocks and conduction and its problem	Online organised by Jupiter Ayurved Medical college and Tarini Ayurved Hospital ,Nagpur and Vaidyvishwa.

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Paper & Poster Presentation by Students

Sr. No.	Date	Name Of the Teacher / Students	Paper/Poster	Topic	Place & Organized By
1.	04/01/2026	Dr. Shweta Londhe (Agadtantra)	Poster	Evaluation of Hepatoprotective effect of Aparajita Roots(<i>clitoria Ternatea</i> Linn.) with ksheer in Cyclophosphamide induced Hepatotoxicity in Wistar Rats	Presented in MUHS Avishkar Research Competition at Shardabai Pawar Institute of Nursing, Baramati
2.	31/01/2026	Dr.Dipali Dhoble (Swasthvritta)	Paper	Concept to clinical Ayurvedic management of Gullian –Baree syndrome with special emphasis on ahar and yoga	National Seminar,Tilak Ayurvedic Mahavidyalaya
3.	31/01/2026	Dr.Payal Bhandekar (Swasthvritta)	Paper	Role of Diet and Yoga in the management of neurological disorders with special ref. to Apasmar .	National Seminar,Tilak Ayurvedic Mahavidyalaya
4.	31/01/2026	Dr.Snehal Surywanshi (swasthvritta)	Paper	Role of ahar and yoga in neurological disorder an Ayurvedic perspective	National Seminar,Tilak Ayurvedic Mahavidyalaya
5.	31/01/2026	Dr.Priyanka Baravakar (swasthvritta)	Poster	Pillars of Ayurvedic management of neurological disorders with special ref. to migrane.	National Seminar,Tilak Ayurvedic Mahavidyalaya
6.	31/01/2026	Dr. Jayesh Patil (Balrog)	Poster	Role of Ahara in the management of paediatric neurological disorder	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune

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7.	31/01/2026	Dr. Sachin Chavhan (Balrog)	Paper	Concept to clinical Ayurvedic management of ADHD	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune
8.	31/01/2026	Dr. Kiran Jadhav (Balrog)	Poster	Ayurvedic management of Neurological disorders in children	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune
9.	31/01/2026	Dr. Aishwarya Khedkar (Balrog)	Poster	ASD in paediatrics & Ayurveda management	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune
10	31/01/2026	Dr. Bhakti Mane (Balrog)	Poster	The role of Ahara in the management Paediatric neurological disorders	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune
11	31/01/2026	Dr. Rushikesh Tanpure (Balrog)	Poster	Panchakarma in the management of neurological disorder in children	National level seminar on Neurological Disorders at Tilak Ayurvedic college Pune
12	01/03/2026	Dr Manvi Madkam (Kriyasharir)	Poster	Importance of strotas shuddhi in Panchakarma and rasayan therapy	Organised by department of kriyasharir of Tilak Ayurved Mahavidyalaya,Pune
13	01/03/2026	Dr Ira Joshi (Kriyasharir)	Poster	Types of raktavaha strotodushti ,related vyadhi,samanya chikitsa.	Organised by department of kriyasharir of Tilak Ayurved Mahavidyalaya,Pune
14	01/03/2026	Dr Ashwini Dagdu (Kriyasharir)	Poster	Strotas integrity and chronic metabolic disorder with special reference to hyperlipidemia.	Organised by department of kriyasharir of Tilak Ayurved Mahavidyalaya,Pune

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15	13/03/2026 14/03/2026	Dr.Saniya Bhingarkar (Swasthvritta)	Paper	Effect of yoga in type 2 diabetes mellitus –an observational studies.	At dnyandarshan 2026-national multidisciplinary conference held at YCMOU Nashik.
16	21-22 /03 2026	Dr Mayuri Shinde (Panchakarma)	poster	Basti therapy: A multi-pathway physiological Mechanism - a narrative review	At International webinar on Advanced Ayurveda and Research, organised by Somayya Ayurved Medical College and Hospital, Bhadrawati Chandrapur
17	21-22 /03 2026	Dr Snehal Yendole (Panchakarma)	poster	Basti Therapy in Pakshaghat(Hemiplegia) an evidence based Ayurvedic Approach	At International webinar on Advanced Ayurveda and Research, organised by Somayya Ayurved Medical College and Hospital, Bhadrawati Chandrapur
18	27/05/2026	Dr Hrishikesh Datar (Balrog)	Paper	Ayurvedic management in Autism Disorder –A Case Report	Sambodhi 2026-National Hands on Training workshop on ASD,SDM,Bengluru
19	15/07/2026 to 17/07/2026	Dr.Komal Dhage (Shalyatantra)	Paper	Transanal suture rectopexy for haemorrhoids chivates's procedure-A case series.	Organised by Akhil Bharit Ayurved Sansthan ,New Delhi.
20	15/07/2026 to 17/07/2026	Dr.Rohit Vishwakarma (Shalyatantra)	Paper	An integrative approach in the management of fistula in ANO :A care study on piltec.	Organised by Akhil Bharit Ayurved Sansthan ,New Delhi
21	15/07/2026 to 17/07/2026	Dr.Praveen Chirme (Shalyatantra)	Paper	Integrative post operative management witj conventional haemorrhoidectomy :An ayurvedic perspective	Organised by Akhil Bharit Ayurved Sansthan ,New Delhi

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22	15/07/2026 to 17/07/2026	Dr.Rushikesh chavan (Shalyatantra)	Paper	Clinial perspective of kshar taila in comprehensive wound healing:-A case report	Organised by Akhil Bhartit Ayurved Sansthan ,New Delhi
23	15/07/2026 to 17/07/2026	Dr.Ajiket Shrungarputle (Shalyatantra)	Paper	Minimally invasive partial fistulectomy with ksharasutra application in the management of fistula in ano :A case report	Organised by Akhil Bhartit Ayurved Sansthan ,New Delhi
24	15/07/2026 to 17/07/2026	Dr.Nitin Pokale (Shalyatantra)	Paper	JALAUKVACHARAN on Golfer elbowe.	Organised by Akhil Bhartit Ayurved Sansthan ,New Delhi

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Research Paper Published by Teachers in peer Reviewed Journal

Sr. No.	Pub med ID /ISSN No.	Scopus/ Web of science/ UGC Care	Publication Level (National/ International)	Publication Title	Author Names 1 st - 2 nd - 3 rd -	Journal Name	Volume Issue & Page no.	Month & Year	Link (if online)
1	ISSN-2349-7025	-	Regional	Nasavarodha and its ayurvedic understanding with correlation to modern nasal blockage	1 st —Dr.Mrunal Dange 2 nd —Dr.Madhuri Mahadar	International Journal Of Ayush	Volume-15 Issue-01 Page No-85-90	JAN-2026	https://internationaljournal.org.in/journal/index.php/ijayush/article/view/1730/1683
2	2583-2018	-	International	Review of Veerya (Potency): Classical Foundations and Contemporary Pharmacological Correlations.	1 st - Dr. Swapnil Shinde 2 nd - Dr. Mayura Shinde 3 rd - Dr. Sanjay Khedekar	PDEA'S International Journal Research in Ayurveda Allied Sciences	Volume 8 Issue 1	February 2026	https://www.pdeasijraas.com/
3	2249 - 555X	-	International	Efficacy of an Ayurveda – yoga integrated management in	1 st - Dr Deepty Nair 2 nd -Dr Arti Firke	IJAR	Volume - 16	March - 2026	https://www.worldwidejournals.com/indian-journal-of-applied-research-

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				mutra vegarodha janya udawartham: A case report			Issue - 03		(IJAR)/fileview/efficacy-of-an-ayurveda--yoga-integrated-management-in-mutra-vegarodha-janya-udawartham-a-case-report_March_2026_3741179027_0405423.pdf
4	2582-7634	-	International	Ayurvedic Intervention in Abducent Nerve Palsy secondary to Mononeuritis Multiplex: A Case Report.	1 st – Dr. Virkar V. 2 nd -Dr Khurana B. 3 rd -Jagtap P. 4 th -Virkar C	IJIM	Volume - 7 Issue - 01	March - 2026	http://doi.org/10.55552/IJIM.2026.70101
5	2349-8870	-	International	Management Of Urethral Stricture With Kshar Taila Uttarbasti - A Case Report	1 st -Dr. Bharat K. Oza 2 nd -Dr. Brinda S. Patil 3 rd -Dr. Madhavi S. Banarase 4 th - Dr. Sahil N. Rahate	European Journal of Biomedical AND Pharmaceutical sciences	Volume: 13 Issue: 4	March - 2026	https://doi.org/10.5281/zenodo.19279729
6	2349-8870	-	International	Surgical reconstruction of diastasis recti abdominis (dra) with	1 st -Dr. Madhavi S. Banarase 2 nd -Dr. Sahil N. Rahate	European Journal of Biomedical	Volume: 13	March - 2026	https://doi.org/10.5281/zenodo.18796272

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				Plication, umbilical herniorrhaphy and abdominoplasty - a case Report	3 rd -Dr. Bharat K. Oza 4 th - Dr. Brinda S. Patil	and Pharmaceutical sciences	Issue: 3		
7	. 2249 - 555X	-	International	INTEGRATIVE AYURVEDA MANAGEMENT OF PRAMEHA (TYPE 2 DIABETES MELLITUS CORRELATION): A 12-WEEK CLINICAL CASE REPORT WITH DIET AND YOGA INTERVENTION	1 st Dr. Tejas Sanjay More 2 nd -Dr. Arti Firke	IJAR	Volum e – 16 Issue - 04	April - 2026	https://www.worldwidejournal.s.com/indian-journal-of-applied-research-(IJAR)/fileview/integrative-ayurveda-management-of-prameha-type-2-diabetes-mellitus-correlation-a-12week-clinical-case-report-with-diet-and-yoga-intervention_April_2026_1785415677_7806359.pdf
8	2456-3110	-	International	Eternal Nourishment Charak's Daily Dietary Guidance through Rasa in Nityasevaniy Ahar	1 st -Dr. Radha Katti 2 nd -Arti Firke	JAIMS	Volum e – 11 Issue - 03	April - 2026	https://jaims.in/jaims/article/view/5848/10191
9	ISSN(O)-2320-5407	-	International	Attention Deficit Hyper Activity Disorder(ADHD)an Ayurvedic Review	1 st -Dr Madhavi Deodas 2 nd -Dr Sachin Chavhan 3 rd -Dr Sudha Singh	IJAR	Volum e-14 Issue-4 Pg no-255-259	April 2026	https://www.journalijar.com/uploads/2026/04/69e734a4197b0_IJAR-57199.pdf

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10	ISSN 2393-9583 (P)/ 2393-9591 (O)		International	A comparative clinical evaluation of anutaila nava nasya and jinginyadi Avapida nasya in the management of manyasthambha	1 st -Yogeshwar Chippa 2 nd -Varsha Sane 3 rd -Sachin Chandaliya 4 th -Pournima Daware 5 th -Mayura Jadhav	Ayushdhara	Volume 13 Issue 2	April 2026	https://ayushdhara.in/index.php/ayushdhara/article/view/2633/3016
11	ISSN (O)2320-5407,ISSN(P) 3107-498		International	Ayurvedic management of vicharchika (eczema) a single case Study	1st-Preeti Choudhari 2nd-Varsha Sane 3rd-Mayura Jadhav	International journal of advanced research (IJAR)	Volume 14 Issue 4	April 2026	https://www.journalijar.com/uploads/2026/04/6a083542b8693_IJAR-57472.pdf
12	ISSN No. 2249 -555X 		International	Autism spectrum disorder in the light of contemporary neuroscience and ayurveda: a comprehensive integrative review	1 st -DrJayesh Patil 2 nd DrMadhavi Deodas 3 rd Dr Deepa Khasgiwala 4 th Dr Sumit Chutake	IJAR	Volume-16 Issue-05	May 2026	https://www.worldwidejournals.com/indian-journal-of-applied-research-(IJAR)/fileview/autism-spectrum-disorder-in-the-light-of-contemporary-neuroscience-and-ayurveda-a-comprehensive-integrative-review_May_2026_7311627088_8011559.pdf

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13	ISSN 2349-8870		International	AN INTEGRATIVE APPROACH IN THE MANAGEMENT OF FISTULA-IN-ANO (BHAGANDARA): A CASE STUDY ON PILTEC (PARTIAL INTERSPINCTERIC LASER TECHNIQUE	1 st -Dr. Kiran Mendhekar 2 nd - Dr. Neha P. Shelake 3 rd -Dr. Madhavi S. Banarase 4 th -Dr. Bharat Oza 5 th -Dr. Sanket S. Sangale	European Journal of Biomedical AND Pharmaceutical sciences	Volume 13 Issue 5	May 2026	https://storage.googleapis.com/innctech/ejbps/article_issue/volume_13_may_issue_5/1778576131.pdf
14	ISSN:(O)2320-5407, ISSN(P)3107-4928		International	ROLE OF AYURVEDA IN THE MANAGEMENT OF ALZHEIMER'S DISEASE: A COMPREHENSIVE REVIEW	1 ST - Vd. Bhairavi Chilbule 2 ND -Arti Firke	IJAR	Volume-14 Issue - 06	June 2026	https://www.journalijar.com/uploads/2026/06/6a424387e7ad2_IJAR-58120.pdf
15	SSN:(O)2320-5407, ISSN(P)3107-4928		International	A REVIEW OF LIFESTYLE FACTORS AND THEIR IMPACT ON MENSTRUAL HEALTH IN THE PRESENT ERA: AN AYURVEDIC PERSPECTIVE	1 st -Snehal Sambhaji Suryawanshi 2 nd -Rajkumar Bobade 3 rd -Arti Firke	IJAR	Volume-14 Issue - 06	June 2026	https://www.journalijar.com/uploads/2026/06/6a4242cf6e2ea_IJAR-58119.pdf

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16	ISSN:(O)23 20-5407, ISSN(P)310 7-4928		International	THE ROLE OF NUTRITION AND INTEGRATIVE AYURVEDIC PRINCIPLES IN AGE-RELATED MACULAR DEGENERATION (ARMD): A LITERATURE REVIEW	1 st -Rasika Mehatkar, 2 nd -Nilima Amrute 3 rd -Chandana Virkar	IJAR	Volum e-14 Issue - 06	June 2026	http://dx.doi.org/10.2147/4/IJAR01/23582
17	ISSN:(O)23 20-5407, ISSN(P)310 7-4928		International	IMPACT OF SLEEP DEPRIVATION (ANIDRA) ON OCULAR SURFACE HEALTH: AN AYURVEDIC AND MODERN REVIEW	1 st -Divya Shivaji Gardiand 2 nd -Chandana Abhay Virkar	IJAR	Volum e-14 Issue - 06	June 2026	http://dx.doi.org/10.2147/4/IJAR01/23583
18	ISSN:(O)2320- 5407		International	CONCEPT-TO-CLINICAL AYURVEDIC MANAGEMENT OF GUILLAIN-BARRÉ SYNDROME WITH SPECIAL EMPHASIS ON AHARA (DIET) AND YOGA: A NARRATIVE REVIEW	1 st -Dipali Dhoble 2 nd -Arti Firke	IJAR	Volum e-14 Issue - 06	June 2026	https://www.journalijar.com/uploads/2026/06/6a48ac1539114_IJAR-58188.pdf
19	ISSN No. 2249 - 555X	-	International	A LITERARY REVIEW ON THE EFFECT OF YAVAAS A DIETARY	1 st -Dr. Tejas Sanjay More 2 nd -Dr. Arti Firke	IJAR	Volum e-16	July 2026	https://www.worldwidejournals.com/indian-journal-of-applied-

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				SUPPLEMENT IN PRAMEHA (TYPE II DIABETES MELLITUS)			Issue - 07		research- (IJAR)/fileview/a-literary-review-on-the-effect-of-yava-as-a-dietary-supplement-in-prameha-type-ii-diabetes-mellitus_July_2026_7811094482_5207020.pdf
20	ISSN: 2583-3677	-	National	Effective ayurveda treatment for revival of a semi conscuious patients : A case study.	1 st -Japa Phadake	AYUSCRIPT	Volum e-5 Issue-3	July 2026	http://doi.org/10.55552/AYUSCRIPT.2026.5302
21	101596737/2168-8184	-	International	Ayurveda in Preventive and Supportive Healthcare: Current Evidence, Safety, and Clinical Integration	1 st -Dr.Yogita Jamdade	Cureus	Volum e- 18 Issue-7	July 2026	https://assets.cureus.com/uploads/review_article/pdf/511495/20260711-362608-uc019b.pdf
22	ISSN No. 2249 - 555X	-	International	PAEDIATRIC MIGRAINE: AN INTEGRATIVE REVIEW	1 st - Dr Bhakti Bharat Man 2 nd - Dr. Sudha Singh 3 rd - Dr Madhavi Deodas	IJAR	Volum e-16 Issue - 07	July - 2026	https://www.worldwidejournals.com/indian-journal-of-applied-research-(IJAR)/fileview/paiatric-migraine-an-integrative-review_July_2026_1870421986_0808570.pdf

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23	ISSN No. 2249 - 555X	-	International	DEVELOPMENTAL DELAY IN CHILDREN: A COMPREHENSIVE REVIEW AND INTEGRATIVE MANAGEMENT APPROACHES	1 st -Dr. Madhavi Deodas 2 nd -Dr. Aishwarya Khedkar 3 rd -Dr. Sumit Chutake 4 th -Dr. Harshada Ghanwat	IJAR	Volum e-16 Issue - 07	July - 2026	https://www.worldwidejournals.com/indian-journal-of-applied-research-(IJAR)/fileview/developmental-delay-in-children-a-comprehensive-review-and-integrative-management-approaches_July_2026_1741690828_4308437.pdf
24	ISSN No. 2249 - 555X	-	International	A CRITICAL REVIEW OF SPEECH AND LANGUAGE DELAY IN CHILDREN AND ITS MANAGEMENT	1 st -Dr. Kiran Jadhav 2 nd -Dr. Sudha Singh 3 rd -Dr. Madhavi Deodas	IJAR	Volum e-16 Issue - 07	July - 2026	https://www.worldwidejournals.com/indian-journal-of-applied-research-(IJAR)/fileview/a-critical-review-of-speech-and-language-delay-in-children-and-its-management_July_2026_1148972068_9608674.pdf

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PG star

Sr. No	Name of the Student	Name Of Department
1	Dr.Nikhil Rajendraprasad Mundada (STAR03/1836/544)	Rasa Shahstra Evum Bhaishajya Kalpna
2	Dr. Nilam Pawar (STAR03/1836/541)	Rasa Shahstra Evum Bhaishajya Kalpna
3	Dr.Bhakti Madhukar Mane (STAR03/2695/520)	Dravyaguna Vigyana
4	Dr. Sheetal Jyotirling Rajmane (STAR 03/2607/522)	Dravyaguna Vigyana

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IEC &PRE IEC-Organized by College / Research committee

Sr. No.	Date	Title	No. of Participants
1	29/06/2026	Pre IEC	34
2	30/06/2026	Pre IEC	34